

# Tai Chi

## Traditional art form of Tai Chi - 85 Form Yang Style

Improve your physical and mental health by learning and exploring the practice of Tai Chi



**WHEN:** Tuesday's commencing the 13th July - Tuesday 14th September, 10am - 11am

**WHERE:** Glenroy Neighbourhood Learning Centre (5B Cromwell Street, Glenroy 3046)

**COST:** 10 week pass - \$90

10 week concession pass - \$45

5 week pass - \$50

5 week concession pass - \$25

*Bookings are essential as places  
are limited*

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