

TAI CHI

Traditional art form of Tai Chi -85 Form Yang Style

Improve your physical and mental health
By learning and exploring the practice of Tai Chi



WHEN:

Commencing 9th February
Tuesday 10.00am-11.00am

COST:

8 week pass - \$70.00
Concession - \$35.00

4 week pass - \$40.00
Concession - \$20.00

Payment method:

Direct deposit into GNLC bank account
or by card payment at GNLC

WHERE:

Glenroy Neighbourhood Learning Centre
5b Cromwell Street
Glenroy
(class held in Glenroy hall)

TO REGISTER:

Phone - 9304-3910
Email-nhcoordinator@glenlink.vic.edu.au
or leave a message on our
Face Book page